

First Steps Toward Orthodoxy

A gentle beginning for inquirers in the Ethiopian Orthodox Tewahedo Church.

1. Attend Divine Liturgy and observe prayerfully.
2. Speak with a priest about catechumen formation.
3. Begin daily prayer: morning and evening.
4. Read the Gospel of John with humility.
5. Start fasting on Wednesdays and Fridays.
6. Seek a mentor for steady guidance.

The goal is covenant life, not information alone.